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|-----------------|-----------|---|
| 26.09.09 | 19.00 h | SC MERAN INDATA – GIRGENTI |
| 03.10.09 | 19.00 h | HC TRIEST – SC MERAN INDATA |
| 10.10.09 | 19.00 h * | SC MERAN INDATA – SSV BRIXEN |
| 17.10.09 | 19.00 h | HC PRESSANO – SC MERAN INDATA |
| 24.10.09 | 19.00 h | SC MERAN INDATA – AMBRA |
| 07.11.09 | 19.00 h | PALLAMANO NOCI – SC MERAN INDATA |
| 14.11.09 | 19.00 h * | SC MERAN INDATA – SSV BOZEN |
| 21.11.09 | 19.00 h | MEZZOCORONA – SC MERAN INDATA |
| 28.11.09 | 19.00 h | PRATO – SC MERAN INDATA |
| 05.12.09 | 19.00 h | SC MERAN INDATA – ROMAGNA |
| 12.12.09 | 19.00 h | CASTENASO – SC MERAN INDATA |
| 19.12.09 | 19.00 h | GIRGENTI – SC MERAN INDATA |
| 23.01.10 | 19.00 h | SC MERAN INDATA – HC TRIEST |
| 30.01.10 | 19.00 h | SSV BRIXEN – SC MERAN INDATA |
| 06.02.10 | 19.00 h * | SC MERAN INDATA – PRESSANO |
| 13.02.10 | 19.00 h | AMBRA – SC MERAN INDATA |
| 20.02.10 | 19.00 h | SC MERAN INDATA – PALLAMANO NOCI |
| 17.02.10 | 19.00 h | SSV BOZEN – SC MERAN INDATA |
| 06.03.10 | 19.00 h * | SC MERAN INDATA – MEZZOCORONA |
| 13.03.10 | 19.00 h | SC MERAN INDATA – PRATO |
| 20.03.10 | 19.00 h | ROMAGNA – SC MERAN INDATA |
| 27.03.10 | 18.30 h | SC MERAN INDATA – CASTENASO |

Play-off



Play-out



* Ab 16 Jahren 5 € Eintritt - Da 16 anni in sù, ingresso 5 €.